Deep Solutions To Core Struggles-2 **Light for Darkest Days**

Psalm 88

Proverbs 12:25; Psalm 119:28

Hee-Haw made us laugh about "gloom, despair, and agony on me..." but for those in the struggle, it is no laughing matter.

The downward process goes like this: a significant loss, then a heavy emotional sorrow, which can lead to a hopeless feeling of despair.

Deep Solutions To Core Struggles

Light for the Deepest Darkness

Heman's Psalm (88) is our focus...

His achievements and accomplishments did not exempt him from despair.

He danced on the edge of blaming God...(v. 15,7,16, 8,18, 6)

But he knew where to turn in the times of deep trouble (v.1,2,3, 9, 13)

His prayers became the bookends of every day. (v.1,13)

"For this light and momentary affliction is preparing us for an eternal weight of glory beyond all comparison..." (2nd Cor. 4:17)

November 13, 2022, Morning Service